Year 2 – Superheroes Health & Wellbeing Theme

Kapow! Boom! Zap!

In this unit of work, you will talk about what makes a hero. You will think about what is super about you and also how to keep yourself super strong and healthy. You will learn about some people from the past and find out what made them superheroes. You will also consider how you have changed over time. Then you will learn about a comic book artist and make a superhero cape or mask.

Personal, Social, Health and Citizenship

- I can describe the components of a healthy day.
- I know what makes a healthy lunchbox.
- I can talk about what I like and dislike.
- I can make choices which impact on my physical and mental health.
- I know about the process of growing from young to old and how peoples' needs change.
- I can recognise that choices can have good and not so good consequences.
- I know how some diseases are spread and to develop simple skills to help prevent this
- I know about change and loss and how to manage those feelings
- I know how to stay safe in my own house.
- I know how to stay safe in the local environment, including water, rail, bikes and on the roads.
- I understand basic fire safety.

What is a hero?









In history, pupils will know:

- That a hero is a person who is admired for their courage, achievements, or noble qualities.
- That Grace Darling was a hero because she bravely saved people from a shipwreck in a storm.
- That during the recent Covid pandemic, many heroes stepped up to help the fight, including Sir Captain Tom Moore.
- That Rosa Parks was a hero because she refused to move from her seat on a bus and stood up for what she believed in.
- She believed that black and white communities could live and work together.

History Skills

- Put people, events and objects in order of when they happened, using a given scale.
- Use a timeline to place important events.
- Ask questions about the past.

History Key Vocabulary

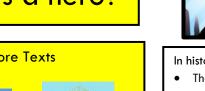
refuse- do not follow a command

racism- treating people differently because of their race or colour. **equality-** everyone being treated the same/equally.

- protest- to show that you are against something.
- segregation- setting one group apart from another.

lighthouse- a tower which has a light at the top to warn ships away from land.

- shipwreck- a ship which has been destroyed at sea.
- coast- where the land meets the sea.
- rescue- save someone from danger
- museum- a building where interesting
- significant- important
- chronological order- From first event to the last event
- history- learning about the past.
- timeline- a display of events in time order.
- past- already happened.



In art, pupils will know:

- That Roy Lichtenstein was an American artist.
- That he is famous for his colourful Pop Art and comic book style.
- That he used Benday dots to build up colour and texture. ٠
- That he mainly used the primary colours- red, yellow and blue. •
- That he also used black and white in his work.

Art Skills

- Use sketch books to experiment with artistic ideas of their own in sketchbooks.
- Experiment with different techniques and make sensible choices about what to do next to improve.
- Develop and exercise some care and control over their art work.
- Express clear preferences and give some reasons for these (e.g. "I like that because...")
- Talk about the materials, techniques and processes they have used, using an appropriate vocabulary
- Name the primary colours and mix a range of secondary colours.
- Mix paint to the appropriate consistency.
- Develop an awareness of midground, foreground and background.

artist

evaluate

bold



Key Art Vocabulary

media foreground consistency secondary colour comic

background primary colour dot outline

In DT, pupils will know:

- That textiles are materials woven from fibres and can be coloured using paint or dye.
- Lots of different materials are classed as textiles such as cotton, silk, wool and felt and these materials have different properties.
- That sewing involves making stitches using needle and thread.
- There are many different types of stitches and running stitch is one of the easier stitches.

Design Technology Skills

- Think of own ideas and plan what to do next.
- Describe designs using pictures, diagrams, models, mock-ups, words and ICT.
- Suggest what went well and what could be done differently when evaluating their own product.
- Cut out shapes which have been created by drawing around a template onto the fabric.
- Join textiles using simple running stitch.

Key DT Vocabulary

attach evaluate template sewina logo running stitch finish felt design cape space thread eve needle sew



Year 2 – Superheroes Health & Wellbeing

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In this unit of work, Year 2 will explore the concept of heroes.

PSHE- We will learn how to keep ourselves safe and healthy, both physically and mentally. We will explore the feelings of change and loss and how they can make us feel.

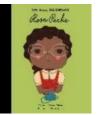
Science- We will look at the life cycle of a human and how we change over time. We will explore the idea of basic needs for survival and also learn about the importance of healthy diet and exercise in staying healthy.

History- We will explore 2 real-life superheroes Rosa Parks and Grace Darling and consider why they are significant. We will also reflect upon the real-life heroes who helped out the country during the recent pandemic.

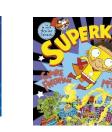
DT- We will design and make a fabulous superhero logo and then use a running stitch to sew it onto a cape.

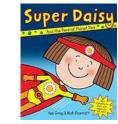
Art- We will explore the comic book art of Roy Lichtenstein and then use his style to create some art work of our own.

Reading List – Topic Linked

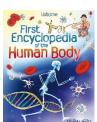
















Home Learning Ideas- How You Can Support At Home.		
Draw a comic book picture and colour it in using Benday dots like Lichtenstein did.	Take a trip to Barnsley Library and choose a Superhero themed book. We can't wait to hear about the stories that you read.	Buy a comic book from the shop or find one online and read it together.
Play superheroes- set your child the fictional challenge of rescuing an imaginary character from a situation. Can they save the day?	Find out about the NHS heroes, including Captain Sir Tom Moore, during the COVID pandemic and how they helped people.	Encourage children to help you with meal preparation and talk about the healthy choices made and the balance of different food types.
Look at photographs of different family members and talk about how people change over time.	Design and make a superhero mask using craft materials.	Encourage children to take part in physical activity and talk about the effects of that on their body and heart rate.

