

	Year 3 SRE Curriculum	Relationships	
	<p>Puberty</p> <p>To learn the names of the body and the bodily similarities and differences between boys and girls</p> <p>To appreciate that over time we change, physically eg growing breasts and body hair</p>	<p>To consider touch and to know that a person has the right to say what they like and dislike</p> <p>To judge what kind of physical contact is acceptable or unacceptable and how to respond</p> <p>To recognise and respond to a wider range of feelings in others due to physical changes</p> <p>To consider issues from different points of view.</p>	<p><u>Health and Wellbeing</u></p> <p>To recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong</p>