

At Queens Road Academy, we provide an innovative, high-quality physical education curriculum that inspires and encourages all pupils to succeed and excel in competitive sports and other physically-demanding activities. We aim to develop an awareness of health and fitness, and promote healthy lifestyles which are important to children both now and in their future lives. Our curriculum ensures the requirements of the National Curriculum are met, by providing learning experiences in games, gymnastics, dance, athletics, swimming and outdoor education.

Our PE curriculum has been designed to promote many of our key school values however this curriculum area really promotes resilience, effective communication and positive attitudes. We are passionate about the need to teach children how to co-operate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values. Lessons are structured to allow students the opportunity to gain knowledge and skills within a physical education environment that are appropriate to the age, maturity and skill level of the students. Through performance, students will be encouraged to recognise the strengths and weaknesses of themselves and others.

Outside of the school day, our pupils are given opportunities to participate in sports through clubs, Trust events, community sporting events and an annual sports day.