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Discover Emotions

Identify, express and manage basic emotions.



Discover Politeness

Use simple polite words like 'please' and 'thank you'

Be Kind Together

Learn to help others and cooperate.





Be Kind through sharing

Understand the basics of taking turns and sharing toys.



Aim High With Curiosity

Show curiosity about the world by exploring and asking questions







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Be Kind, Show Respect

Show respect through listening carefully and using kind words.



Aim High in Learning

Notice when you learn best (e.g. talking calmy with a partner, listening carefully, trying your hardest.)



Help everyone feel valued when playing.





Discover Empathy



Start to understand how others might be feeling.



Discover TeamWork

Take on different roles when working and playing together.







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Be Kind, Receive Kindness

Treat others how you'd like to be treated yourself.



Aim High: Communicate!

Develop communication skills for sharing ideas and listening in teamwork.



Learn that it's okay to disagree, but important to do so respectfully.





Discover Diversity

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Celebrate what makes everyone unique and special.



Discover different ways

Choose learning strategies that help you do your best.







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Be Kind, Show Empathy

Show compassion to all people at all times.



Aim High. Persist!

Understand the power of persistence and reflection when facing challenges.



Demonstrate kindness to each other without being asked.





Discover Your Thinking

learn

Begin to understand how you think and (metacognition).



Discover Collaboration

Participate effectively in group projects, appreciating different roles.







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Be Kind in Conversation

Practise active listening – paraphrase what a speaker said, ask clarifying questions, and offer constructive feedback



Aim High: Set Goals

Begin setting personal goals and discussing achievements.



Understand that effort and practice help abilities grow.





Discover and explore your Strengths

Identify personal strengths and how they contribute to group efforts.



Discover Conflict Resolution

Learn and practice strategies for resolving disagreements together.







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Be Kind, Support Peers

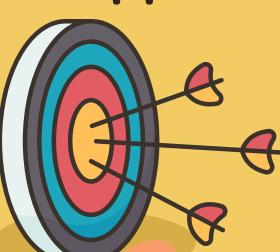
Recognise the value of positive peer relationships and actively offer support and encouragement to classmates.



Aim High: Be Resilient!

Develop strategies to face challenges positively, learn from setbacks, and keep trying.

Aim High with new opportunities



Appreciate and make the most of chances for learning, growth, and new experiences at school.



Discover your Leadership Qualities

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Identify leadership skills (like listening, encouraging, organising) in yourself and others, and understand how they help a team succeed.



Discover Your Impact

Understand how your actions, efforts, and teamwork contribute positively to the classroom and wider school environment.









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Be a Kind Leader

Lead by example, showing compassion, respect, and encouragement when guiding others or taking responsibility.



Aim High for the future

Set meaningful aspirations and personal goals for secondary school and beyond.





Plan, organise, and work strategically within teams to tackle complex tasks and achieve shared goals.



Discover Your Path

Demonstrate the learning behaviours that will prepare you positively for the changes and challenges ahead





Aim High With Independence

Take increasing responsibility for your own learning, organisation, and contributions, preparing for secondary school expectations.

